## **ABSTRACT**

An interactive apparatus 1 which is able to decide on an action pattern in accordance with health conditions of a user without a necessity of putting a biometric sensor on a human body is provided. The interactive apparatus 1 comprises: detection means 50b for detecting a health condition of a user; deciding means 50c for deciding on an action pattern in accordance with the health condition of the user; execution instructing means 50g for instructing execution of the action pattern; offering means 50e for making an offer of the action pattern to the user with a speech before instructing execution of the action pattern; and determination means 50f for determining whether an answer of the user to the offered action pattern is an answer to accept the offered action pattern or not. The execution instructing means 50g instructs execution of the offered action pattern when the answer of the user is determined to be the answer to accept the offered action pattern.